



## **SOHC Spring Programme January 2024 – April 2024**

### **From the desk of our DC Tamsin Woods**

My goodness it has been wet! I hope you are all coping and not struggling with ponies with mud fever and foot abscesses. Remember, if you need any help or advice do just email us and we can share remedies! It is really important, even when it is very wet, to pick your ponies feet out regularly as it can help prevent a foot abscess and gives you an opportunity to check for any tell-tale mud fever scabs.

You will shortly be receiving more information on booking for Junior and Senior Camp. We are trialling a move to May half term this year for Senior Camp. We struggled to get a date in the summer holidays that worked for Attington. Hopefully this will work for lots of you (unless you have dreaded GCSE's or A levels!) In which case look out for Area 12 Senior training dates. We will pass these on as soon as they are announced. As many branches have smaller number competing at 1m and 1.10m we are combining as Area 12 and training is being offered centrally for those members (although you area also welcome at our branch rallies as we are happy to cater for all abilities)

We are so grateful to have been invited back to Park Stud for Junior Camp. It was such an amazing venue for us last year.

Pony Club Area competitions are a long way off in June, but I know it helps to be able to plan your summer holidays! We have included Area and Champs dates below. If you are part of a team at Areas you also need to be available for champs.

We also have SOHC members representing the branch at the Spring Festival Champs on 24-25 Feb at Arena UK. Best of luck to them

We desperately need some new parents to join the committee. We are a friendly team but we need to share out the responsibilities or it becomes too much. Please do volunteer, even if you can only help occasionally. Drop me an email if you can spare a little time to help.

Do keep us updated on what you are getting up to on your ponies and we are happy to receive photos to post on our Instagram and Facebook pages, so don't be shy!  
Finally a warm welcome to our new members Lottie and Oliver Sturt. We look forward to seeing you out and about.

### **Equipment:**

#### **Hats and Boots**

If your rider had a new hat for Christmas please make sure it gets tagged. Let Rachel or I know, and we can help try and get it checked. Also now is a good time to check you have big enough stirrups if you have new boots. There must be ¼" clearance each side of the boot.

#### **Body Protectors**

A body protectors is compulsory for **all** Pony Club Cross Country riding whether it be training or competition. A body protector for these activities must meet BETA 2018 Level 3 Standard (blue and black label).

## **Air Jackets**

If a rider chooses to wear an air jacket in Cross country, it must only be used in addition with a normal body protector which meets BETA 2018 Level 3 standard (blue and black label). Parents and Members must be aware that riders may be permitted to continue after a fall in both competitions and training rides for Cross Country and / or Pony Racing if the First Aid provider has no concerns about their welfare. In the event of a fall, an air jacket must be fully deflated or removed before continuing, the conventional body protector must continue to be worn. Air jackets must not be worn under a jacket. Number bibs should be fitted over the air jacket loosely or with elasticised fastenings.

**Lots of our rally venues are offered to us by very generous friends and members of our club so please do abide by the few club rules we have in place so we continue to be invited to use private facilities.**

- Please Park considerately and do not block entrances and driveways.
- Always pick up your litter, hay and ponies poos,
- Only ride where you have specifically been told to
- Always be polite to helpers, parents and other members
- Remember rally organisers are doing their best, but can't always provide times to suit you! Give them plenty of notice if you think you might have a problem but also be realistic as to what they can do!

**Scroll down to the rally schedule**



## SOHC Spring Programme

**January 2024 – April 2024**

### January

**Saturday 6 January – Show Jumping at Bury Farm (Flamstead)**  
**Saturday 13 January – Show Jumping at BCA – (Woodland Hunt)**

**Saturday 13 January – Dressage (with music!) Rally – Everyone Welcome – 1pm start**

*In this session we'll be focussing on rhythm, and the beats within each pace. Really useful if you are thinking about taking one of your PC tests this year and essential for achieving a harmonious and high scoring dressage test, but basically an excuse to have some fun as we'll use music to help you achieve good rhythm.*

*Venue: Chequers Equestrian, Chequers Lane, Cadmore End HP14 3PQ (few minutes from J5 M40)*

*Cost: £26.00*

*Instructor: Tiggi Bentley*

**Tuesday 16 January – Shooting at Chinnor Rifle and Pistol Club – 6 places from 6.30 pm**

SOHC and Bicester Pony Club shoot evening at Chinnor Rifle & Pistol Club. Fun evening of coaching, practice and meeting fellow Tet/Tri friends. 8 years and over and must have attended two sessions at Lobb Farm.

*Venue: Chinnor Rifle Club*

*Cost: £7.00*

*Contact: Louise Aubrey- Fletcher*

**Sunday 28 January – Show Jumping Rally - 10 am start – Open to all**

*Venue: Attington Stud*

*Cost: £27.50*

*Instructor: Bumble Thomas*

*Contact: Anita Baker*

### February

**Saturday 3 February – Area 12 Barrier Spring Festival qualifier show at Bury Farm (OBH North)**

**Tuesday 13 February – Show Jumping at Addington (VAH)**

**Wednesday 14<sup>th</sup> February – Junior rally – Open to all – 10am**

*Venue: Hopefully Attington inside (TBC)*

*Instructor: Eleanor Martin*

*Contact: Tanya Nixey*

*Cost: £20*

**Thursday 15 February – Branch Training Day - Open to all – noon start**

*Take advantage of the fantastic facilities at Attington at our training afternoon. You'll have both a small group flatwork session with Tiggi and a group jumping session with Bumble over the xc fence*

(or SJ course if jumping under 80cm confidently). It is a great chance to have a chance to come together as a club and enjoy some tea, cake & a chat b/w sessions!

Venue: Attington Stud, Tetsworth Cost: £45 TBC

Instructor: Tiggi Bentley/Bumble Thomas

Contact: Lucy Kilroy, Siobhan Gawthorn, Lu Britnell

**Saturday 3 February – Area 12 Barrier Spring Festival qualifier show at Bury Farm (OBH North)**

**Saturday/Sunday 23 and 24 February – Spring Festival Championship Dressage, SJ & Arena Eventing – Arena UK**

## March

**Saturday 2 March – Dressage Rally – Everyone Welcome – noon start**

*In this session (and with an eye to upcoming SOHC team dressage competitions) we'll be focussing on how to get good marks in dressage tests! It's not just about improving the bits that you know are a bit dodgy – successful test riding is also showing off the good bits, presenting your test well - and not losing silly marks with circles that look like squashed tomatoes. Suitable for everyone, including lead rein as the way you lead to show off your rider makes all the difference ☺.*

Venue: Chequers Equestrian, Chequers Lane, Cadmore End HP14 3PQ (few minutes from J5 M40)

Cost: £26.00

Instructor: Tiggi Bentley

**Sunday 3<sup>rd</sup> March - Junior rally – Open to all – 10am**

Venue: Attington TBC

Instructor: Eleanor Martin

Contact: Tanya Nixey

Cost: £20

## April

**Tuesday 2<sup>nd</sup> – Thursday 4<sup>th</sup> April – Senior Camp at Aston le Walls**

**Thursday 4<sup>th</sup> April – Junior Rally Easter Fun– Open to all – 10am**

Venue: Lobb Farm, Tetsworth

Instructor: Eleanor Martin

Contact: Tanya Nixey

Cost: £15

**Monday 8 April – Area 12 Training Day at Stowe School**

**Wednesday 10 April – XC and Flatwork training morning - Open to all – morning**

*Suitable for everyone who's happy riding in open spaces, whether you're getting ready for another eventing season or starting out for your first time cross country. There will be a flatwork session in an arena, and a cross country session on grass around the undulating fields, woodland and parkland. Jumps from 30cm-1m.*

Venue: Rosehill Estate, RG9 3EB: £45

Instructor: Guy Moore/Eleanor Martin

Contact: Lu Britnell, Siobhan Gawthorn, Lucy Kilroy

**Sunday 28 April – Mini ODE at Upper House Farm (Woodland Hunt)**

## Future Diary Dates

Horse and Pony Care 26/27 May TBC

Regional SJ Middlegrove June 15<sup>th</sup>

Area Dressage BCA June 30<sup>th</sup>

Area SJ 22 June Addington

Area Eventing 6/7 July (TBC)

Regional 70 cm eventing (TBC)

Pony Club Champs Off Church Bury 9-17 Aug

Regional Champs 24-26 Aug Aston Le Walls