



## AREA 13 TETRATHLON TRAINING DAY

Monday 28<sup>th</sup> Oct 2024

Lord Wandsworth College, Long Sutton, Hook Hampshire RG29 1TA

A fun training day for those with experience of tetrathlon, and an introduction for those who are new to the sport

Approx. timings 9-3 with Beanies having an earlier finish.

Entries Close: Fri 18th October 2024 or when full – places are limited.

£35 each, Beanies £30

Participants will be divided into groups according to age i.e. Beanies, Tadpoles, Minis etc. There will be a separate group for those who haven't shot before or are nervous shooting so this group will be mixed ages.

**Swimming** – All swimmers **MUST be able to be safe and confident in the pool WITHOUT adults next to them.** For Beanies, we will allow buoyancy aids (bring your own), but please be aware they are NOT allowed at some competitions. Poolside spectators are strictly limited to 12, parents of the younger children will be offered these spaces first.

**Shooting** – Any 8yrs and over can shoot but anyone not signed off as competent and safe by a Pony Club RCO or equivalent will be grouped with 'first time shooters', this will be checked with your branch tet manager. Under 8s (on 28/10/2024) are not able to shoot but will take part in a fun bean bag session. Guns which will not be under the direct supervision of an adult during the day must be clearly labelled and left at shoot control. At no time must anyone under the age of 18 be carrying the gun other than on the range.

**Supervision** - Parents do not necessarily need to be on site all day but there must be a representative from each Branch present, and we need to know which adult is responsible for each child.

### **Children need to bring:**

Swimming kit: costume/trunks, hat, goggles, towel and an extra t shirt for the side of the pool.

Running: appropriate running clothes (for the weather) and trainers/spikes

Shooting: must wear full length trousers, clean shoes (no boots or muddy trainers) and protective glasses.

Clothing: Pony Club sweatshirts/hoodies/t shirts. Be prepared for wet weather.

Food: please bring your own snacks, drinks, including own water bottle and lunch.

***A Volunteer: These events cannot run without the help of volunteers. Please nominate one person from each club to help throughout the day, no prior knowledge of Tetrathlon required.***

**How to book:** [Entrymaster - Home page](#)

Organiser: Megan Rees [area13tetrathlon@gmail.com](mailto:area13tetrathlon@gmail.com)

Dogs are not allowed at **Lord Wandsworth College** at any time, under any circumstances.

**Legal Liability:** Save for the death or personal injury caused by the negligence of the organisers, or anyone for whom they are in law responsible, neither the organisers of this event or The Pony Club nor any agent, employee or representative of these bodies, nor the landlord or his tenant, accepts any liability for any accident, loss, damage, injury or illness to horses, owners, riders, spectators, land, cars, their contents and accessories, or any other person or property whatsoever. Entries are only accepted on this basis.

**Health and Safety:** Organisers of this event have taken reasonable precautions to ensure the health and safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the organisers and all the officials and stewards.