AREA 13 TETRATHLON SWIM TRAINING

Thursday 17th April 2025 approx 11am

Haslemere Leisure Centre, Kings Road, Haslemere, Surrey GU27 2QT

Swimming course designed to hone skills and technique for competitive Tetrathlon swimming. This will also include starts and turns training, stroke technique and maximising wall push off to gain those all important metres.

This training with Andrew Snelling, head coach of Haslemere Swimming Club. Andrew's swimmers compete, and medal, at County, Regional & National level. He is also a personal trainer.

Beanies, Tadpoles & Minis 60min session £20
Juniors and above 90min session £25

To book: EntryMaster
Queries to Megan Rees, tetcoordinator.area13@pcuk.org

Tetrathletes need to bring:
Swimming kit: costume/trunks, hat, goggles, towel, an extra t-shirt for the side of the pool and a full, named water bottle.

Fiona Clement will be present on the day and is your contact 07973 179623.

Changing Room Rules: Under no circumstances are mobile phones allowed in the changing room. These must be kept in bags or pockets at all times. Failure to adhere to this could result in removal from the leisure centre.
Legal Liability: Save for the death or personal injury caused by the negligence of the organisers, or anyone for whom they are in law responsible, neither the organisers of this event or The Pony Club nor any agent, employee or representative of these bodies, nor the landlord or his tenant, accepts any liability for any accident, loss, damage, injury or illness to horses, owners, riders, spectators, land, cars, their contents and accessories, or any other person or property whatsoever. Entries are only accepted on this basis.
Health and Safety: Organisers of this event have taken reasonable precautions to ensure the health and safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the organisers and all the officials and stewards.