

Tetrathlon Rules Quiz - Riding

1. What three items are compulsory for all competitors to wear for the cross country phase?,..... and
.....
2. How much clearance should stirrups have either side of your boot, regardless of stirrup style?
3. Finish the description of saddlery and equipment: Equipment must be,
....., and
4. What must your helmet have to be used at a Pony Club competition (Usually given by your DC or another branch official) ?
5. How many times may the whip be used in a single incident?
6. How many points for a clear round?
7. Equine influenza booster vaccinations for horses attending Pony Club Tetrathlon events must be administered at a maximum of
It is highly recommended that horses receive booster vaccinations
..... of attending an event.
8. Can you ride cross country with a fixed peak helmet?
9. Timing for the slip rail begins when
and ends when
- 10.If you do NOT ride between the red and white flags at the finish of the cross country course, you will collect penalties.

Tetrathlon Quiz – Running

1. How far is the run for the Beanies? Tadpoles & Minis?
Juniors? Inter Girls? Inter Boys?
Open Girls? Open Boys?
2. Are you allowed to carry an asthma inhaler in the competition?
3. Why should you walk the course before the run?
To and
4. How long would you allow to start your warm up before your running time?
.....
5. What kind of routine is important to carry out after running?
.....
6. On the running course you must keep the red flag on your and the
white flag on your
7. A penalty of will be incurred if someone runs with or near a
competitor, or acts as a pacemaker.
8. If a competitor inadvertently missed a flag, he may be awarded a penalty of
..... for each flag missed. If a competitor misses a flag on purpose, what is
the penalty?
9. How many runners can be in 1 heat of a mass start?
10. What run time scores 1000 points for Beanies?
Tadpoles & Minis? Junior Girls? Junior Boys?
Inter Boys? Open Boys? Inter & Open Girls?

Tetrathlon Quiz – Shooting

1. At what distance from the target do you shoot as a:
Mini & Junior: Intermediate & Open:
2. Which 3 clothing and equipment items must be worn for shooting, including footwear?
.....
3. Which piece of equipment must you wear if you are competing in Area 14, or representing an Area 14 club at all competitions?
4. When the command “STOP, STOP, STOP” is given, what must you do?
.....
.....
5. You must be years or older to handle an air weapon or ammunition on private premises (with permission of the occupier). Members younger than years old must be supervised by a person aged
6. When should safety flags be used on the pistols?
.....
7. At a competition, what may the coach / loader NOT do while you are shooting the competition targets? and
8. How many times can you change your air or CO₂ cylinder under competition conditions?
9. If there is a pistol malfunction, you put your ,
.....and then put your other
10. All mobiles phones must be and at the firing points.

Bonus Question

Which one of the following DOES count as an Allowable Malfunction of the air pistol and means you will be able to fire a replacement shot under the RCO's commands?

- a. The safety catch had not been released or had gone on "safe" during shooting.
- b. The trigger mechanism has failed to operate.
- c. The competitor or another person has touched the pistol before the Range Conducting Officer is able to inspect it.
- d. The pistol has been loaded with the wrong pellets.
- e. The pistol has run out of air or CO₂.

Tetrathlon Quiz – Swimming

1. How far do you need to swim to earn 1000 points as a Mini?
Junior? Intermediate?
Open Girl? Open Boy?
2. What type of swim suit may a competitor wear, and how many?
.....
3. If the swimmer does not touch the end of the pool with some part of their body,
how many points are deducted for each turn that they failed to touch?
4. Which end of the pool may one supporter stand during the warm up?
.....
5. Is the supporter allowed to walk beside the pool during the swim?
6. The supporter may not place their or an..... in the water.
7. Who are the two people allowed to check the whiteboard/results page immediately
after a swim to confirm the distance a competitor has swum?
..... and
8. Tumble turns are prohibited if the pool depth is less than metres.
9. If a competitor wishes to dive from the side of the pool or starting blocks, what
type of ASA Award do they need to have achieved?
.....
10. The distance swum is measured at the point reached by the
..... when the whistle is blown,
.....