



## Spooners & West Dartmoor Pony Club

### Bi/Triathlon – Bean Bag/Shoot, Run & Cross Country Ride

Including a Clear Round Cross Country Class

### A Have a Go, Introduction to a Tri/Tetrathlon Event

*Mini XC Course 30 – 60cm, No Swim*

Saturday 26<sup>th</sup> April 2025, from 10am

Pew Tor Farm, Sampford Spiney, Tavistock, PL20 6FF  
Grid Ref. SX529720, What3Words: jams.footballers.clan

PLEASE APPROACH OUR SITE FROM TAVISTOCK (Down Road) ONLY  
OR YOU WILL GET STUCK IN THE COUNTRY LANES

By kind permission of Neil & Anna Cole, course kindly built by James Allenby

Catering on the day by the Spooners Hunt Supporters Club

Class		Age on 1 <sup>st</sup> Jan 2025	Bean Bag/ Shoot	Run	Ride
1	Beanies Triathlon	7 & Under	3m Bean Bag	500m	30cm - 60cm
2	Beanies Biathlon	7 & Under	3m Bean Bag	500m	-
3	Tadpoles Triathlon	8 & 9 Years	Shoot 7m	1000m	30cm - 60cm
4	Tadpoles Biathlon	8 & 9 Years	Shoot 7m	1000m	-
5	Mini Triathlon	11 & Under	Shoot 7m	1000m	30cm - 60cm
6	Mini Biathlon	11 & Under	Shoot 7m	1000m	-
7	Open Novice Triathlon	Any Age	Shoot 7m	1000m	30cm - 60cm
8	Clear Round Cross Country	Open to All	-	-	30cm - 60cm

A friendly, welcoming event for PC members who would like to have a go at a Tetrathlon with an open flagged mini cross country course where members may be led and assisted.

### **Bean Bag**

Every competitor will have 5 practice throws at a target, then 10 throws that will be scored.

### **Shoot**

Only members aged 8 and over on the day of the competition can shoot and members should have been trained with their Pony Club before competing. The targets will be at a distance of 7m and static.

### **Run**

A course will be marked out in a field. Runners will be set off in groups. The faster they get round the more points they will score. No run numbers will be required – just your name.

### **Ride**

We have a mini cross country course which will be opened flagged so that competitors can choose which height fence they would like to jump. Each fence will be judged but the course will not be timed. There will be a slip rail where riders will need to dismount, drop the rail, lead their pony over the rail, then raise the rail within one minute to complete that obstacle. Riders will be allowed assistance to remount. There will also be a small gate to open and close, within one minute, whilst mounted. If assistance is required with the gate there will be a small penalty.

**Please clearly print your own riding number to be worn in a number bib.**

The cross country course can be walked on the day.

### **Prizes**

Prizes for all with Individual Rosettes to 10<sup>th</sup> place and Team Rosettes to 6<sup>th</sup> place. Rosettes also given to the best competitor in each phase for each class. **Teams** to comprise of 3 or 4 members from the same pony club, the top three scores to count.

### **Entries**

**Triathlon £25**

**Biathlon £20**

**Class 8 Cross Country Round £18**

All entries via Horse Events by Sunday 20th April.

### **Times**

We intend to be flexible on the day but as a guide times will be published on the Pony Club Results website by Thursday 24<sup>th</sup> April.

### **First Aid**

A representative from Karben Services will be in attendance.

### **Enquiries**

Contact Nicky Alford on 07881 098884 or [nickyalford76@gmail.com](mailto:nickyalford76@gmail.com)

### **Rules**

The competition will be run under the Pony Club Tetrathlon Rules 2024, which can be found on the PC Website.

### **Health & Safety**

Organisers of this event have taken reasonable precautions to ensure the health and safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the organisers and all the officials and stewards.

### **Legal Liability**

Save for the death or personal injury caused by the negligence of the organisers, or anyone for whom they are in law responsible, neither the organisers of this event of The Pony Club nor any agent, employee or representative of these bodies, nor the owner of the land, accepts any liability for any accident, loss, damage, injury or illness to horses, owners, riders, spectators, land, cars, their contents and accessories, or any other person or property whatsoever. Entries are only accepted on this basis.