



## Pony Racing Taster Days 2025

Come for a day out and find out about Pony Racing.  
**The day is free and you don't need a pony.**

Activities on Taster Days include:

- A tour of a Racecourse to see what happens behind the scenes
- Having a go on a horse simulator (Equicisor) with a jockey coach
- Trying fun fitness and balance exercises used by jockeys
- Testing how fit you need to be to ride in a pony race
- Learning about the racing equipment used by jockeys and horses
- Watching Pony Racing in the afternoon
- Finding out how to get involved whether or not you have a pony

**Taster Days are free, but places must be booked in advance as numbers are limited:** <https://ponyracingauthority.co.uk/tasterDays>

Taster sessions are unmounted. Times and other information is emailed to those registered a week before the day. All are welcome, with a recommended participant age of 7 - 16 years old, to be accompanied by a parent/guardian for all activities. Families are welcome.

**Ascot on 7<sup>th</sup> April**  
**Cheltenham on 18<sup>th</sup> April**  
**Wincanton on 26<sup>th</sup> April**  
**Haydock Park on 11<sup>th</sup> May**  
**Kelso on 1<sup>st</sup> June**  
**Bangor-on-Dee on 28<sup>th</sup> September**  
**Warwick on 4<sup>th</sup> October**



For more information email

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