

Dress Code for RALLIES

New clothing is not expected, but what is worn must be clean, neat and tidy.

Hat - It is mandatory for all Members to wear a protective helmet which has been tagged (checked by the Branch Tagging Official that it has been manufactured to safety standards required by The Pony Club. Details of these standards are on the Pony Club website). **It is strongly recommended that second hand hats are not purchased.**

Hat Covers - should be plain and dark, e.g. black or blue. For cross-country rallies/training you may wear your cross-country colours. Please DO NOT wear hat covers with ears/colours/themes for normal rallies (only XC)

Hairnets - Unless your hair is very short you must wear a hair net or tie it back. **All long pony tails must be bunched up in a hairnet. Loose hair can be a danger and a distraction.**

Jodhpurs/Breeches – Jodhpurs must be Black, Navy, Cream, White, Cream/White with dark inserts for ALL rallies. Turnout rallies – you will not be marked down for not wearing cream.

Gloves – Are recommended. *Please note: Gloves should be worn for the inspection at turnout rallies.*

Tops - Pony Club sweatshirts should be worn with either the Pony Club polo shirt or, for extra warmth, a polo neck jumper underneath. Jackets and body warmers suitable for riding may also be worn.

Show Jackets – these can be worn for turnout rallies

Riding Boots – Only standard riding or Jodhpur boots with a fairly smooth, thin sole and a well defined square cut heel may be worn. **No other footwear will be allowed. Please note: Treaded soles on riding boots will significantly increase the risk of the foot becoming trapped in the stirrup in a fall which could result in serious injury.**

Chaps - Plain black or brown **half chaps** may be worn with Jodhpur boots of the same colour. Tassels and fringes are not allowed.

Whips – Long schooling whips should not be used for jumping. Please see the pony club whip rules.

Spurs – may only be used when appropriate. **Any misuse of spurs will be reported to the DC, Area Representative and Training Chairman, any reported riders will be recorded and monitored.** Sharp spurs are not permitted. Only blunt spurs, without rowels or sharp edges, and spurs that have a smooth rotating ball on the shank may be worn. If the spurs are curved, the curve must be downwards and the shank must point straight to the back and not exceed 3.5cm in length. The measurement is taken from the heel of the boot to the end of the shank.

Jewellery - This rule applies to all Pony Club mounted activities. No jewellery is allowed for safety reasons, other than a wristwatch, a wedding ring, a stock pin worn horizontally or a tie clip. Definitely no earrings! **It is recommended that stock pins are removed for cross country. Members who are contemplating piercing their ears or any other part of their body should be aware that they will not be allowed to participate until such time as the “sleepers” can safely be removed. The reason for this is that sleepers have in the past caused injuries following falls. There are vulnerable blood vessels behind the ear and if the facial nerve is pierced partial paralysis of the face can occur.**

Body Protectors - May be worn. **The Pony Club does not make the use of body protectors compulsory, except for all cross-country riding and Pony Racing whether it be rallies, training or competing,**

PONIES - They should be clean and tidy. Ponies who are continually coughing will be sent home.

TACK - Needs to fit correctly and be clean, especially the bit. Stitching must be safe and checked on a regular basis. **Reins** should be of the correct length for the pony and rider (not too long). **Stirrups** should be of the correct size to suit the rider's boots. They must have 7mm (1/4 inch) clearance on either side of the boot.

SIDE REINS ARE NOT ALLOWED, however, **grass reins are allowed**, but they must be connected from the bit to the browband/headpiece and attached to the D Rings on the saddle. They must not be attached to the girth.

LEAD REIN CHILDREN MUST BE ACCOMPANIED BY A RESPONSIBLE PERSON OVER THE AGE OF 18.

These are conditions of being a Member of The Pony Club. The DC will be making spot checks!



Dress Code for **CROSS-COUNTRY**

For cross-country riding (including Eventing, Tetrathlon, Horse Trials, tests, training and all cross-country rallies a jockey skull cap, with no fixed peak, must be worn.

Body protectors are compulsory for all cross-country riding and Pony Racing whether it be rallies, training or competing. It is recommended that a rider's body protector should not be more than 2% of their body weight. When worn, body protectors must fit correctly, be comfortable and must not restrict movement.

Medical Armbands are recommended at all times and are compulsory for all cross-country phases.

Pony Club sweatshirts or your own cross-country colours should be worn at cross-country rallies/training. Long sleeves must be worn as they offer more protection to the arms.

It is recommended that stock pins are removed for cross-country.

ALL OTHER PONY CLUB DRESS CODE RULES APPLY.