



## Area 8 Dressage

### Hosted by Essex Hunt North Pony Club

By kind Permission of Team Berwick

**Berwick Farm - 3rd and 4th July 2021**

## COMPETITOR INFORMATION

PLEASE READ EVERYTHING!

Firstly we are very much looking forward to welcoming you to our lovely venue at Berwick Farm. As there are still COVID rules that need to be followed, please read the below information carefully.

### **YOU MUST NOT ATTEND THIS EVENT IF:**

- You have any symptoms of coronavirus (high temperature, new, continuous cough or loss/change to your sense of smell or taste).
- You're waiting for a coronavirus test result, or have tested positive and have coronavirus.
- You live with someone who has symptoms, is waiting for a test result or has tested positive
- You have been told to self-isolate.

**The Rule of 30:** This will be the overriding principle for all outdoor social contact. Everyone must comply with the rule of 30.

**The Rule of 6:** This will be the overriding principle for all indoor social contact. All persons in the marquee (DCs, Officials and Volunteers) must comply with the rule of six (not two households, as this will be difficult to steward and police) and for groups to keep a 2m Social Distance.

## BEFORE THE EVENT

**PLEASE KEEP AN EYE ON THE ABOVE FOR ANY UP TO DATE INFORMATION.**

**Number Bibs** - You need to print your own bib numbers and bring them with you to the event. Remember to print one for each side of your number bib and one for your lorry or car. You will need 3 copies of one of your numbers. You can print them from Pony Club Results once times are up there (FRIDAY). Or from the pdf on our website.

**Withdrawals on the Day - Please contact your DC/Branch Representative who will let the Information Team know at the 'Info Point' on the day.**

## ON ARRIVAL

You will be greeted at the gate by our 'Meet and Greet Team.'

Display your number clearly in your lorry window.

**Test & Trace:** Details of all support staff and connections should be available for Test and Trace requirements. The Competitor's parent or Guardian is responsible for ensuring information can be provided for their supporters, if required. As an addition the NHS QR Code will be available to scan for people if they have the NHS Covid-19 App as part of the [NHS Test and Trace Service in England](#).

**Parking** - You will be directed to park when you arrive. Current recommendations are 10m apart if there is tying up allowed on both sides of your box; 5m where tying up is on one side only, and 3m apart where there is no tying up allowed. This allows social distancing to be maintained. You should maintain social distancing from everyone other than those from your own household or bubble.

If you need a **HAT TAG** please ask your Branch rep or you may go to the Information Point at the top of the car park. Please ensure your hat is ready to be tagged with the Standards easily visible. You will not be able to compete if your hat is not tagged. Here is the link to the pony club hat rule. <https://pcuk.org/media/3t2nxfnb/hat-rule-2020.pdf>

**Passports and Numbers** - You will not need to go to the entries secretary to have your vaccination record checked or to collect your number. EHNPC Officials on site will carry out random vaccinations checks in the horsebox park, and so you need to still remember to have your horses' passports with you, but you will not be required to present your passport on arrival. You will have already printed your rider number/s and brought them with you

**RULES** - Here is a link to the PC Dressage rules  
<https://pcuk.org/media/psedy2xm/dressage-rule-book-2020-final.pdf>

## **WARM UP/ COMPETE - Please see the attached map!**

Number in warm ups will be restricted so please don't go to warm up areas too early. A steward will be managing this.

There are two warm up areas, please start your warm up in the PRE WARM UP AREA 1 in the same field as the lorries and a steward will let you know when you may go into the WARM UP AREA 2 nearest to the arenas. As a guide this will be about 30 minutes before your ride time.

Arena Stewards will advise you when to go to your arena. It is your responsibility to identify yourself with them. They will be wearing a Bib with the Arena Number.

Please be aware if the arena runs late, you will not be able to go forward if there are too many people in the Arena Field.

You are welcome to go to the PRE Warm Up Area 1, an hour before your riding time.

No Lunging – no helpers / parents on foot please – you may watch your competitor from the adjacent area, keeping 2m apart from each other.

**Tack Check** - Please see the tack check steward for your arena at least 30 minutes prior to your riding time. They will be situated in the Pre-Warm Area 2 in the Parking field.

**Wear Yellow for Tiggy** - If you wish to add a discreet yellow ribbon under your pony club badge and felt in memory of Tiggy Hancock you may do so.

## **PARENTS / SUPPORT - PLEASE DO NOT CONGREGATE IN LARGE GROUPS.**

YOU ARE EXPECTED TO RIDE ON YOUR ALLOCATED TIMES. IF YOU DO NOT DO SO, YOU RISK BEING UNABLE TO COMPETE.

We ask that competitors maintain social distancing when riding.

**Rider Falls** - If you fall off in the lorry park or warm up you must be checked by a paramedic before continuing to compete.

All rider fallers must be checked by a paramedic before you leave the site.

**DELAYS** - We always aim to run to time, however delays are, at times, unavoidable. In the event that we do experience delays we will communicate via our stewards. We ask you to be patient and wait with your vehicle, maintaining social distancing.

**SCORES** - all scores will be online. Please click here: [Pony Club Results](#)

**DRESSAGE SHEETS** - Can be collected from the Information Point 20 mins after results have been posted or you can leave a SAE there and we will post yours to you. We will also

endeavour to give to each DC at the end of the competition for circulation within your branch.

**PRIZE GIVING** - Will be held approximately 30 minutes after results have been posted. This is dismantled and will be held outside the info point. Please do not gather in large groups and do maintain social distancing. Please dress correctly for prize giving

**DOGS** - Dogs are allowed and **MUST** be kept on leads at all times. Any dogs not on the lead will require us to ask you to leave the site.

**REFRESHMENTS** - On-site catering is available, in line with current government guidance. This is **CASH ONLY**. You need to maintain a 2m social distance when queuing and enjoying the catering facilities.

**RAFFLE** - On Sunday, We are holding a raffle in aid of Teenage Cancer Trust, this is in loving memory of our past member Caitlin Warren, who sadly lost her fight to breast cancer last year. Tickets will be on sale on Sunday.

**CROSS COUNTRY COURSE** - The beautiful course at Berwick Farm XC will be open on Saturday from 10am-3pm for those entered into the Grassroots competition and at the end of the day for the general public. On Sunday the XC will open to all after the competition has been completed. You **MUST** book in. If you would like to book please visit their website <https://www.berwickfarmxc.com/> . A very small part of the course will be closed off for the dressage - Please do not use this area. In order to use the course you will need to book and wear the appropriate hat and body protector.

**PHOTOGRAPHER** - There will be a Photographer on site. ARDS is our official photographer. Photographs can be purchased on the day, you will need a **MASK** or alternatively order via their website. <https://www.ardsphotographic.co.uk/events.html>

**TOILETS** - Toilets will be provided and cleaned regularly. Hand sanitising stations will be provided and members are encouraged to take home their rubbish and use their own toilets in their own lorries.

**RUBBISH** - Please take all your rubbish away with you.

**HORSE DROPPINGS** - Please leave the area around your lorry / trailer clean and tidy, taking all droppings and hay home with you.

## **RIDE COMPETE LEAVE**

**LEAVING BERWICK** There will be a **CLOCKWISE** one way system in operation along Berwick Lane on the day of the event. You **MUST** turn left when leaving Berwick Farm.

