**WHAT TO WEAR AT PONY CLUB**

**Some guidelines for members. Please also read the rule books for further information:**

**Rallies/ Training / Fun Days/Camp**

**HAT with black, or navy hat cover. Correct standard Hat that has been tagged. For XC riding at ALL levels including eventing, arena eventing , tetrathlon, pony racing, mounted games , a jockey skull cap must be worn with NO fixed peak.**

**Red pony club sweat shirt.**

**Shirt and pony club tie or black polo shirt.**

**Breeches- fawn, white, cream, beige, black or navy,**

**BOOTS. Standard riding or jodhpur boots with well-defined heel. Plain black or brown half chaps may be worn with jodhpur boots of the same colour . NO muckers, wellingtons or trainers.**

**Gloves**

**Hair – must be tied back securely, in a safe manner to reduce the risk of hair being caught and to prevent scalp injuries.**

**Pony club badge**

**Dark waterproof jacket**

**No jewellery – the wearing of any sort of jewellery when handling or riding a horse/pony is not recommended.**

**MOUNTED GAMES COMPETITIONS**

**As above. Long sleeves to be worn at all times. If weather is warm a long sleeved shirt , if sweaters are taken off.**

**AREA, ZONE competition – white V neck sweaters to be worn over white shirt and pony club tie.**

**SHOW JUMPING COMPETITIONS. *Competitors must be tidily dressed whilst walking the course or dismounted in the collecting ring.***

**HAT- Jockey skull ( no fixed peak) with black or navy cover**

**As above but traditional jackets to be worn with shirt & pony club tie or stock. A traditional jacket is one with collar, sleeves and buttons down the front. Jackets may be removed during warming up, provided the competitor is wearing a shirt that at a minimum covers the shoulders. Competitor numbers must be worn at all times.**

**Breeches- white, fawn, beige, canary or light grey.**

**DRESSAGE COMPETITIONS**

**Hat- Correct standard , black or navy cover**

**Breeches – white, cream or beige**

**Jackets- traditional jackets worn with a shirt that at a minimum covers the shoulders and pony club tie or hunting stock.**

**Pony club badge to be worn on left lapel.**

**Gloves must be worn.**

**Standard riding boots or jodhpur boots. Half chaps may be worn with jodhpur boots.**

**No button holes.**

**EVENTING COMPETITIONS - F&D colours Red & Black**

**Dressage phase – as for dressage comp**

**Show jumping – as for show jumping comp.**

**XC phase- Jockey Skull hat - with red hat silk cover.**

 **Jods/ breeches- white, cream, beige, dark or muted colours may be worn. However, white, cream or beige are preferred for area, regional & championship level**

 **Black top that at a minimum covers the shoulders**

 **Body protectors- compulsory for training & competing of the correct standard.**

 **A self tied stock is strongly recommended**

**Gloves must be worn.**

**Number Bibs should be worn for all three phases.**

**TETRATHLON**

**Riding phase- same as eventing XC phase**

**Shooting- a competitor to wear normal athletic clothing. Long trousers are required. Black or red branch sweatshirts over black polo shirts.**

**Substantial shoes that do not rrach the anklebone but which cover the whole foot. E.g trainers.**

**Protective or prescription glasses are recommended.**

**RUNNING PHASE- athletic clothing**

**SWIMMING PHASE-**