



Pony Racing Taster Days 2024

Come for a day out and find out about Pony Racing.
The day is free and you don't need a pony.

Activities on Taster Days include:

- A tour of a Racecourse to see what happens behind the scenes
- Having a go on a horse simulator (Equicisor) with a jockey coach
- Trying fun fitness and balance exercises used by jockeys
- Testing how fit you need to be to ride in a pony race
- Learning about the racing equipment used by jockeys and horses
- Watching Pony Racing in the afternoon
- Finding out how to get involved whether or not you have a pony

Taster sessions are unmounted and run in the morning with Pony Racing to watch in the afternoon. Timings and other information will be emailed to those registered a week before the day. All are welcome with a recommended participant age of 7 - 15 years old, to be accompanied by a parent/guardian for all activities.

Taster Days are free, but places must be booked in advance as numbers are limited: <https://www.ponyracingauthority.co.uk/get-racing/taster-days/>

Nottingham on 22nd August
Perth on 14th September
Bangor-on-Dee on 29th September

Warwick on 5th October
Lingfield Park on 29th October
Keep an eye on the website for others!

For more information, please contact Lea
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