

Four Burrow Pony Club

WHAT TO WEAR

A brief Guide for all Pony Club Members
Competing and attending Rallies



Here is an example of a correctly Pony Club Member ready for Dressage, Show-Jumping, Showing Native Ponies, Working Hunter Ponies & Hunting.

Prize-Giving

If you have had a successful day, please remember you are also expected to dress correctly for the Prize-giving. This is part of being polite to the organisers.

Hacking

Also don't forget hacking safely is just as important. This means wearing the right head and footwear; coat fastened; bright coloured clothing and reflective tabard; and think about wearing your medical armband too.

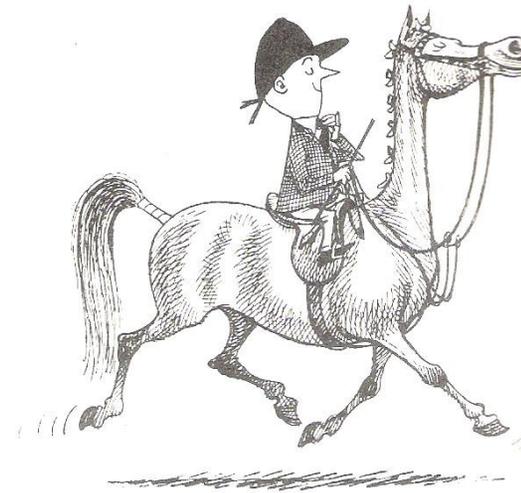
Rule Books

There is one for each discipline, available from the Pony Club at £3 each. Also other books can be ordered such as "Correct Dress for Riding" and "The Pony Club Manual of Horsemanship" which has a chapter on the correct use and fitting of tack. Why not log on to www.pcuk.org and go to shop where you can order them.

Rule books can be read or downloaded **FREE** from the website. Go to Documents on the menu bar of the website.



AN UNTIDY RIDER IS AN INSULT TO A HORSE



A SMART TURNOUT IS OF FIRST IMPORTANCE

This guide is very basic and is only meant as a quick reference. For more detail ensure that you have a copy of the relevant Rule Book.

PC Rally

Rider

Hat to correct standard (see notes) with black or navy cover.
Back protector recommended and compulsory for cross-country rallies.
Long sleeved plain shirt with collar and Pony Club tie or stock.
Four Burrow (or plain) rugby shirt/sweatshirt - or a riding jacket.
Pony Club membership badge with colour test felt under the badge.
Plain jodhpurs with black/brown jodhpur boots or long boots.
Spurs **may only** be worn with DC's permission (or by those with B Test).
Half chaps if plain and black or brown are permitted.
NO jewellery whatsoever – this includes sleepers.

Horse

All tack should be clean and in good condition – please check stitching.
It is **very important** regularly to check **all** the stitching on your saddle & bridle, if in any doubt, repair it or replace it.
Stirrups should be of the correct size to suit the rider's boots. They must have 7mm (¼") clearance on either side of the boot.
Numnahs if used should be plain with no fancy stitching or names.

PC Dressage Competitions

Hats, boots, spurs, stirrups, chaps and jewellery as above plus the following:-

Rider

Hat covers – dark blue or black. Jodhpurs – white, cream or beige.
Tweed or plain black or navy jackets with white shirt and PC ties or stock and PC badge worn on the left lapel. No buttonholes or any bright coloured accessories.
Gloves. Hair, if long, must be in plaits or a hairnet.
Whips of any length may be carried (except for eventing level 4 and 5)

Horse - NB no bling

Saddle - black or brown with white, cream or dark coloured girth.
Saddle cloth or numnah – white, cream, navy, brown or black with NO logo.
Bridle – plain brown or black leather with snaffle bit (see rule book)
Noseband - Cavesson, Drop or Flash only. No bit guard.
No boots, bandages or martingales.

Body Protectors

The Pony Club does not make the use of body protectors compulsory, except for all cross-country riding and pony racing whether it be training or competing. For general use, the responsibility for choosing body protectors and the decision as to their use must rest with Members and their parents. It is recommended that a rider's body protector should not be more than 2% of their body weight. When worn, body protectors must fit correctly, be comfortable, and must not restrict movement.

Hats

For all activities members must wear a correctly fitted and fastened hat, which complies with the Pony Club standards. It is the parents' responsibility to ensure a correct fit. A Pony Club official will inspect your hat and give it a tag if it complies with one of the following minimum standards:

AS/NZS 3838 1998 or AS/NZS 3838 2003; PAS 015:1998 or EN 1384:1996, BS EN 1384:1997. The hat **must** also bear the CE mark **and** a quality symbol, either the BSI Kitemark, the SAI Global symbol or the official Snell label with number to show it has undergone batch testing by the British Standards Institute.

Hats must be replaced after a severe impact, subsequent protection will be significantly reduced. Hats also deteriorate with age and should be replaced after three to five years depending upon the amount of use.

For all Cross Country riding including rallies (over fences 0.80m high and above) a jockey skull cap with no fixed peak must be worn.

PC Show Jumping Competitions

As for dressage except for the following:-

Rider

Whips must be no less than 45 cms and no longer than 75 cms.

Horse

Saddle clothes plain as dressage but may be in branch colours with a branch logo.
Nosebands may be Cavesson, Drop, Flash, Grakle, Combination or Kinton.
Martingales may be used - Irish, Standing, Running or Bib only.
Bits – various allowed including most snaffles and pelhams, and leverage bits which are not more than 19 cms long in total. Please refer to the rule book.

PC Eventing Competitions

Rider

As for the dressage and show jumping for these phases. For X Country:-
Cross country colours and hat covers may be worn. Club 'bumblebee' tops (Cornwall rugby colours) are worn at team events. Long sleeved shirt.
Stock pins must be horizontal, and recommended are removed for cross-country.
Back Protectors and Medical Armbands are compulsory.

Horse

Dressage - as for dressage but Grakle nosebands are allowed.
Show Jumping and Cross Country – as for Show Jumping.
X Country – over girth recommended.