



LEDBURY HUNT PONY CLUB

The first month and some may say the longest month of the year is over and there is a glimpse of Spring, although I'm sure winter isn't done with us just yet! Rallies have been in full swing and lots of you have been attending all that has been put on. News this month saw our joint DC Lucy Middlecote decide to step down from the role due to increasing work commitments, but she will still be looking after badges and rosettes as well as taking on another role. Many of you came to the hat tagging evening and hats can be tagged at rallies if you were unable to attend. Please contact Sue Clements or myself as we have the tags.

We have had some changes to our discipline managers so I thought I would list who is who.

Show jumping: Davina Jones, Eventing: Ruth Pope, Dressage: Lucy Middlecote,
Tetrathlon: Pauline Williams, Racing: Julie Mansell, Polocrosse: Matt Hale, Hunting: Jo Watts,
Mounted Games: Jenny Blades

Also taking on a new role is Eugenie Cameron who is going to promote the Pony Club Young Equestrian Leaders Award or YELA. If your child is interested in getting involved there are details on the pony club website

<https://pcuk.org/join/volunteering/young-equestrian-leaders-award/> or contact Eugenie.

As well as lots of rallies coming up we also have some social events, the first of which is the Beetle Drive.

LHPC Parents & Friends Association
Fun family social evening



Who will be first to complete their beetle?

- ★ Saturday 11 February, 6.30pm, Longdon Village Hall GL20 6AZ
- ★ £4 per person, or £10 for parent and 2 children.
- ★ Includes light refreshments.
- ★ Pay on the night.
- ★ Contact Sue Clements with any queries sclmelm@aol.com

Dates for your Diary

February

Wed 1st - Senior evening lesson at Moores Farm with Stella Bunn
Sat 4th - Rally at Moores for all
Sun 5th - Event Training with Steph Lynn at Marlbrook Farm
Wed 8th - Senior evening lesson at Moores Farm with Stella Bunn
Thurs 9th –Quiz-H/P care practise with pizza
Fri 10th - Rally at Moores for juniors
Sat 11th– Shoot training Ledbury Range
Sun 12th - Event Training with Steph Lynn at Marlbrook Farm
Sun 12th - Mounted Games at Uckinghall, Tewkesbury
Wed 15th - Quiz-H/P care practise with pizza at Berrow Village Hall
Fri 17th - Senior evening lesson at Moores Farm with Stella Bunn
Sat 18th - Rally for all at Moores farm
Sun 19th - Mounted Games at Uckinghall, Tewkesbury
Mon 20th - Half term rally at Moores Farm with Mandy De Heer-Hughes
Tues 21st - 3 hour rally at CCR, morning and afternoon sessions
Thurs 23rd - Quiz-H/P care practise with pizza at Castlemorton Village Hall
Thurs 23rd - Racing rally at Martin Jones's
Fri 24th - Biomechanics CPD at Hartpury College
Sat 25th - Rally for all at Moores Farm
Sun 26th - Arena Eventing at Broadfields
Tues 28th - Show jumping training at Hillview



Pony Club Area 9

Coaching: Back to basics with modern techniques/technology

with Dr Jo Winfield FBHS

Hartpury International Arena

February 24th, 2023

Hosted by Hartpury University and Hartpury BSc (Hons) Equestrian Sports Coaching students

This event is approved as a Pony Club CPD training event. Aimed at current coaches, those hoping to become coaches or senior/older Junior pony club members who would like to attend. All current Hartpury Students are welcomed free of charge.

09.00 Arrive and register

09.15 Introduction: Joint presentation with Hartpury BSc (Hons) Equestrian Sports Coaching students

09.30 Getting the basics right – Teaching the grassroots riders. Practical training aids: Visualise jackets, Bands, shoulder support.

10.15 Poles and how to engage all types: Mixed group Questionnaire / Q&A with audience

11.00 Coffee break

11.30 Jumping –technical exercise (up to 1m)

12.15 Technical kit – Hartpury research Theory: Why research helps the practice

12.45 Summary Q&A

13.00 Finish

Pre-book your spaces via <https://www.ledburyponyclub.org.uk/>

NEWS

Area 10 Triathlon

Mini Section

We fielded a very strong girls' mini team at the tri which comprised of Mimi, Lexi, Jenny and Bonnie. There was some great shooting with Mimi getting a score of 920, which is a PB for her and Bonnie also getting a PB with it being her first time at turning targets. In the swim the training is definitely paying off with a PB for Jenny with 4 lengths 5m and a PB for Lexi. In the run we have some really strong runners in our Ledbury Mini Girls team with Jenny running 4m15, Bonnie running 4m14, Lexi with a blistering run 4m7 for a PB and Mimi 4m16.

Individual results saw Mimi qualify for the winter champs in 2nd, Jenny 5th, Bonnie 9th and Lexi 12th. Unsurprisingly they were team 1st. Well done Girls great team spirit supporting each other as always.



In the boys' section Archie, having recently stepped up to the Mini classes equalled and bettered his scores in all 3 phases. With a great shoot with turning targets and an improved swim and a very determined run he was rewarded with individual 12th place. Ben was 9th with a PB swim to break the 4-length marker. A really well done to get Team 3rd in a mixed team. Well done boys.

Tadpole Section

We only had one member competing in this section which was James. He had a PB shoot only having shot competitively once before. The swim being his least favourite discipline where he had an argument with the wall and bumped his nose which slowed him down, but then the run where he ran an unbelievable 3m53 to earning him 1021 points. This meant he came a very respectable individual 6th and Team 2nd with a mixed team.



Junior Section

Tom and Felix were on a mission in this section as they were both wanting to qualify for the Junior Triathlon Championships at Stoke Mandeville in March.

Tom was on fire with a superb 920 shoot, gaining best boy shoot. Tom also got best run. Felix, despite feeling rubbish all week managed best boy swim and needed a strong run to move from 4th place to 3rd.

They were in a mixed team with a Beaufort member and they were 1st, Tom individual 2nd and Felix 3rd. Due to the winner not being able to make the Champs it was passed down to Felix so both are off to the March Champs.



Malvern Triathlon

Mini Section

Ledbury Minis were unbeatable in freezing conditions. A team win for Ben, Lexi, Bonnie and Mimi, and a team 2nd for Molly, Thomas and Jenny. Outstanding Minis Individual results Boys, 1st Ben with Best Shoot, 2nd Thomas with pb swim. Girls, 2nd Jenny, 3rd Lexi with pb shoot at turning targets, 4th Mimi, 6th Bonnie, 7th Molly with pb shoot at first attempt of turning targets. An all-round, strong and fantastic achievement for the minis in such tough conditions.



Tadpole Section

Great day for the Ledbury tadpoles yesterday in horrible conditions a win for the team of Bethany, Lily and Charlie. With Bethany 2nd in the girl's section with pb's in the shooting and the swimming, Lily was 3rd smashing her previous best swim by 10m and Charlie was 4th in the boys individual with a pb in the run which was incredible on a really tough course in freezing fog.



Junior Section

Great shoots from Junior Girls Seren with a PB at 900 and Lexi, with Lexi getting best girl shoot 940 and best girl run. Excellent swims with super tumble turns from Seren and PB at 7L5m, finishing Lexi 3rd and Seren 7th.

No PBs today from the boys but Tom and Felix kept it in the Ledbury Tet Family. Tom securing 1st place with best boy shoot and run and Felix 2nd place with best boy swim.

February is looking to be another busy month with lots on over the half term as well as the weekends and after school. One of our members, Evie, will be competing at the Spring Championships so we wish her loads of luck and hope the poles stay up for her. The CVFH are holding a show at Hartpury at the start of February, with the Worcestershire branch and Croome also holding Pony Club shows which I hope some members will be able to support. Some of our Senior members have been representing their schools at show jumping and arena eventing with them qualifying for championships.

Mounted games have a friendly competition coming up which will be good practise with the Area competition fast approaching.

Isabella and her pony Echo are off to the Bluechip Championships in the Piquer 80cm having won the qualifier at Leyland Court



Area 9 Rule re Eligibility to Represent the Branch at Area Competitions

In order to be eligible to compete at Area Competitions, members from all branches in Area 9 and their horse/pony must have actively taken part in at least 3 rallies, qualifying coaching, or training sessions during the previous 12-month period unless prevented from doing so by illness, absence from home, or any other reason which in the opinion of the DC and Area Rep justifies absence.

For the purposes of this rule a rally, qualifying coaching or training session is one which is organised by a branch committee, the Area Rep, or by the training committee and must be a minimum of 1 hour in length. Each day of a Camp shall be counted as a separate rally, qualifying coaching, or training session.

In addition to demonstrating loyalty to the branch, the combination of horse and rider may also be required to prove their competence, safety, plus fitness of horse or pony, in the specific sport and level that the member wishes to participate at.



The perils of winter feeding!!



Area 9 Pony Club Polocrosse Training - Beginners

Saturday 18 February - 2pm
Saturday 4 March - 2pm
Saturday 1 April - 2pm

Purton Stoke, Swindon, SN5 4HX

Come and try a new sport this spring!

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Area 9 Pony Club Polocrosse