

Senior Camp 2025

Monday 28 July - Friday 1 August

Moreton Morrell College





All you need to know about camp 2025





"Simply the best week of the year!"

We cannot wait to welcome our members and their ponies to senior camp 2025. The highlight of the Pony Club year, camp is where lifelong friends and memories are made while having a whole load of fun!

Camp is a community effort and everyone is important, whatever their involvement, be they campers, parents or volunteers. We want campers to feel this is THEIR camp and we look forward to working with you all to deliver a fabulous time for them all at Camp 2025.

The venue

We are extremely privileged to be welcomed back to Moreton Morrell College and have the use of their wonderful facilities for both coaching and caring for our ponies. Indoor and outdoor arenas, grass arenas for show jumping and dressage, cross-country course and plenty of hacking allow us to offer all riders a variety of activities across the week.

What to expect - riding

All campers will be placed into ride for the week with an accredited coach and a junior assistant coach (JAC).

Senior camp is about having fun, making friends and learning. It is not a competitor's camp and we group the rides by a mix of age and ability. We have an excellent group of coaches who can't wait to meet their 2025 rides.

Each ride will have their ponies stabled together and work together as a team to care for their ponies and maintain their yard. Stables are provided on the main college yards, all will have shaving beds and there will be ample hay. Campers will need to bring all their mucking

Camp 2025 Organisers





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Please use this e-mail address for all camp correspondence: nwpcseniorcamp@googlemail.com

out equipment, buckets, haynets etc, along with tack and anything else their pony may require for the week. There is a handy check list at the back of this brochure, but if you are not sure, please just ask. The biggest piece of advice we can give you is NAME EVERYTHING if you wish it to come home again!

Turnout

The first day of camp all tack will be checked to ensure it is safe and properly fitted. From Tuesday campers will be expected to turn themselves and their ponies out to a high standard – clean ponies (no stable stains), clean tack, clean and correctly dressed riders (shirt, tie etc.) Each ride will work together to present themselves each morning for tack and turnout inspection. There will be a prize at the end of the week for the best turned out!





Riding sessions

Each ride will get to use the wide variety of facilities at Moreton Morrell, rotating around the arenas, spending time on the cross-country course, hacking and of course getting the chance to gallop up the hill if they wish! Rides go out twice each day and enjoy a mix of jumping and flatwork activities, including poles and grids. There may also be swapping ponies, riding bareback and jumping without stirrups – all of which will be optional!



Horse vaccinations

All horse passports will be required to be presented prior to entering camp and a vaccination booster must have been given in the last 12 months with the normal 7 days clearance to the start of camp. Full vaccination rules can be found on the pony club website. Please speak to us if you have any concerns.

What to expect – camping

Senior camp offers 4 nights of camping fun. The campsite is based on the grass field beyond the stables and located around a main marquee where meals are enjoyed.

After a busy day with their ponies, the evenings will be structured to provide a variety of fun activities for all campers. We are working on an exciting programme for 2025 and will be in touch in due course to share our evening plans with you.

Accommodation

Campers need to provide their own accommodation — a lorry, caravan or tent (sorry no trailers). Please make sure your campers' accommodation is FULLY WATERPROOF, as we have had a number of tents in recent years which have not been able to cope with the heavy summer downpours we have experienced! Please also make sure there is enough dry space for all their kit and clothes. There are no electrical hook ups and all gas must be removed from accommodation before coming into camp.

Campers arrange between themselves who they will be staying with and we recommend no less than 2 per accommodation and no more than 4. If you are new to the branch, or not sure who to arrange sleeping accommodation with, don't worry, get in touch and we will help you find the right someone to share with.





Showers

Please be aware facilities for showering at camp are limited. Campers will be escorted in groups to a designated college accommodation block where they can use the showers in the student rooms. Please manage your campers' expectations that it will not be possible to enable all campers to shower every day. There is a permanent toilet block in the camp area which we would encourage campers to use for hands and face washing as an alternative.

Overnight safety

Camp is located on a private field with no public access, however the camp by its very nature, cannot be fully secure. We therefore expect campers to be responsible and ensure they are in the correct accommodation by lights out. There should be no swapping of accommodation without discussion with camp leaders and under no circumstances should any campers leave the camping field.

There will be several adults sleeping over at camp in separate accommodation near to the campers each night, and on hand to help with any problems or concerns. Portaloos are provided in the campsite for convenience.

Non-residential option

Whilst this is a residential camp, by arrangement we can accept members who want to attend camp but not stay and camp. This will be agreed in advance and they will be non-residential for all 4 nights. Their ponies will remain at camp and they will be expected to be back on site in time to do morning stables. Please get in touch if you want to discuss this as an option for your camper.

Campers' agreement

Campers will be asked to sign an agreement prior to attending camp and commit to a code of conduct (see last page). While this is their camp, we need everyone to understand it is also their responsibility to behave appropriately at all times, supporting each other and looking after each other. Campers who do not uphold expected levels of behaviour will be sent home from camp.

Mobile phones

Our parent survey tells us there are split views on mobile phones at camp, however the overwhelming majority of parents support mobile phones at camp but with stricter rules over their usage and an agreement for them to be confiscated if misused.

There will be a section in the campers' agreement about mobile phones and they will be expected to be responsible in their phone usage.

The mobile phone policy for camp 2025 will be:

- No phones in the stables at any time
- Mobiles can be used in camp until 9pm
- After 9pm mobiles must be turned off
- Mobiles will be confiscated for the remainder of camp if they are misused.

Please note there will be no facilities to charge mobile phones. Campers will need to bring their own means of charging as they will not have access to any electrical sockets.

Food

A cooked breakfast, along with cereal options, will be provided each morning in the camp marquee. Lunches will be sandwich based and evening meals will be a mixture of BBQs, take aways and cooked meals to keep it fun and flexible for the campers.



We will do our best to accommodate all dietary requirements. If your camper has any special requirements, we may ask for your support to help meet their needs during the week.

Feeding 50 campers in a field for 5 days does present its challenges and we do need your help to make our food offering as good as possible. There will be a rota of parent helpers for mealtimes. If you are able to offer more help with catering (for example willing to take the lead on a lunch or dinner) please do get in touch as we would be very grateful for your assistance.

Parent volunteers

Thank you for the overwhelmingly positive response to volunteering this year. Camp is a team effort and we simply can't do it without your help. Being part of the camp team is a very rewarding experience and contributes to the fun and memories of your camper. It is also a great way to see how they are getting on at camp!

We will be in touch with you in the coming weeks to finalise the times and types of roles which work for you to help at camp. Some activities such as staying overnight will require a DBS background check, which we will arrange on your behalf.



Supporting your camper - your role as a parent

Parents are an important part of our camp community and you have a key role to help ensure your camper has a fabulous week. Here are our top tips for parents:

- Set your campers up for success make sure they know what to expect and that they have all the right kit for the week (see handy checklists at the back of this brochure), including comfortable and fully waterproof accommodation!
- Support your camper when they have a wobble when they text or call home having a 'I miss home' moment; their pony hasn't been very helpful that day, or there has been a blip with a friend, often it is just 5 mins on the phone with your soothing reassurance that puts them back on the right track. Once you have finished the call, if you are worried or there is an issue you want to make us aware of, please get in touch with the relevant camp leader (details will be provided on who to call when about what) and we can agree a plan of action.
- If there is an issue talk to us before you react.
 We know emotions can run high when campers are tired and friendships can be tricky, but please get in touch with us before you do anything.
- Support camp policies and work with us as organisers Pony Club Camp is not Camp America; it is not a holiday and it is not a competitors' camp. This is a community effort run by volunteers and everyone (yes parents are as important as the campers) contributes to how fun and successful camp is for everyone. The biggest thing you can do for us is support what we are trying to achieve here. For example support the rules we put in place over phones. If there is something you feel we could do better or differently, we would love to have you on board helping to make camp even better.

If you like what we stand for and what we are trying to achieve then please join in and get involved, support your campers and let's have some fun!

Camp security

In order to maintain security at camp and enable us to have a clear picture about who is on site at all times,

everyone coming into camp will need to sign in and out at camp reception.

Camp setup

Tents and caravans may be set up from 5pm on Sunday 27th July. There will be a camp layout map on the camp site and someone will be there to show you where to go. The camp site is in the far field beyond all the stable blocks.

Stable equipment (but please no tack) may be brought onto site from 5pm on Sunday. There will be plenty of people on site to make sure that all campers know where to leave their equipment.

Arrival at camp

Ponies should arrive on site on Monday 28th July from 8.30am until 9.30am. On arrival, please unload your pony on the tiered parking area (on the left of the main drive) and lead them to the trot up area in the lower car park. All ponies will be trotted up and passports will be checked for up-to-date vaccinations. Any pony without a booster within last 12 months or a minimum of two vaccinations of a new course will not be allowed on site. Please note the booster or 2nd vaccination should not be given within 7 days of camp.

All campers should wear hats, gloves and riding boots for the trot up.



Stable deposit - You will also need an envelope containing a £10 cash deposit, which will be returned to you at the end of camp once your stable has been inspected and signed off.

We expect that all horses will be settled in their stables by 10 am. All information will be sent out by email prior to the start of camp. Any queries will be answered so that everyone is happy and confident to begin camp.

After settling ponies and campers, parents will be required to leave the site. Each camper will then be introduced to their ride and get themselves organised for their fun week ahead. Every camper will ride and the

day will conclude with an evening meal and entertainment. There will be a briefing for all campers to answer all queries and introduce them to the fun-packed timetable for the week.

At the end of Camp there will be a camp prize giving on Friday 1st August, at approximately 3.30pm. Parents are asked to arrive not before 1pm and must assist in clearing the stables and camp site, before prize giving can begin. Camping accommodation can be removed on request during the morning. Camp needs to be completely clear by 4pm.

Please avoid bringing dogs unless absolutely necessary. All dogs must be kept on leads at all times and cleaned up after.

Example Daily Routine

(Note it is an example and ride times will be staggered)

07:00 Rise - JACs feed all ponies

07:15 MORNING STABLES - muck out, water, hay

08:00 Breakfast

08:45 Groom ponies & tack up for inspection

09:00 MORNING RIDE

10:30 Finish ride & ponies back to stables

11:00 Drinks & biscuits at stables

11:45 Stable management

12:15 Skip out, hay & water

12:30 Lunch

13:00 Lunchtime camp activity

13:45 Groom & tack up for ride

14:00 AFTERNOON RIDE

15:30 Drinks & biscuits at stables

16:00 Tack clean & stable management

17:30 STABLE CHECK – skip out, hay & water

18:00 Feed all ponies & tidy yards

18:30 Evening meal

19:30 Evening entertainment

21:00 EVENING STABLES – skip out, hay & water

21:30 Hot Chocolate

Bedtime as instructed.

Clothing & Tack

All ponies will all be stabled and you will need to provide adequate mucking out equipment for shaving beds and all associated grooming and cleaning gear as listed. All these items should be on site the morning of the first day. Please name everything you bring to camp! All clothing, jackets, sweatshirts, personal items, buckets, brooms etc.

We will carry out a tack check on the first day to ensure that all tack is safe and well-fitted. Starting on Tuesday there will be daily tack, turnout and yard marking. All ponies and tack should be immaculate (remember buckle guards etc.) and all riders turned out to competition standard i.e. beige or dark jodhpurs, shirt, tie, jacket, PC badge and felt, clean boots etc.

To minimize waste, campers should bring 2 refillable, named water bottles. One will stay at the campsite and the other will stay at the stables.

Please note these Pony Club rules which apply for all campers:

Hair - Must be tied up securely and **preferably in a hairnet** in a safe manner to reduce the risk of hair being caught and to prevent scalp injuries.

Jewellery & piercings – The wearing of any sort of jewellery when handling or riding a pony is not recommended and if done at any Pony Club activity, is at the risk of the member/their parent/guardian. To stop any risk of injury, necklaces and bracelets (other than medical bracelets) must be removed, as must larger and more pendulous pieces of jewellery (including those attached to piercings) which create a risk of injury to the body part through which they are secured.

We recommend that anything valuable is not brought to camp. If campers decide to bring valuables to camp it is their responsibility to keep them safe.



What you will need

Riding Kit

- Pony Club badge
- Pony Club tie
- NWPC sweatshirt
- Tagged riding hat (no fixed peak for XC)
- Black or navy hat covers (NWPC red covers can be worn when going XC)
- Show jacket (tweed or black/navy)
- Jodhpurs/breeches beige or plain dark colours
- Collared shirts white or pale
- NWPC polo shirts, short or long sleeved (NWPC skins can be worn for XC)
- Boots
- Half chaps (if needed)
- Riding gloves
- Body protector BETA 2018 level 3 or above
- Boot cleaning kit
- Whip
- · Hair nets/hair ties if needed

Personal Kit

- Warm nightwear (it gets cold!)
- Underwear / socks
- Changes of clothes Tracksuit bottoms, shorts, T-shirts, thick fleece
- Wellies / boots
- Trainers
- Waterproof coat (NWPC or dark coloured)
- Wash kit
- Two towels & washbag
- Toothbrush/toothpaste
- Toiletries
- Insect repellent
- Sleeping bag / plenty of warm bedding
- Pen, notebook/paper
- Pony Club manual or test workbook
- Sun cream
- Baseball Cap / sun hat
- Torch and batteries
- 2 water bottles refillable

Horse

- Saddle with girth guards
- Numnahs (NWPC or plain dark coloured)
- Bridle with nose band
- Martingale / breast plate if used
- Head collar and lead rope
- Grooming kit (dandy brush, body brush, curry comb, plaiting bands, mane comb, tail bandage, hoof pick, hoof oil, sponges)
- Tack cleaning kit sponges, saddle soap & water container
- Shampoo

- Sweat scraper and sponge
- Fly repellent
- Hay net (2 x full for day 1)
- Stable rugs if needed
- Buckets for washing off
- Water Bucket
- Feed Bucket x 2 (named)
- Feed supplements or any specific feeds (basic chaff, mix & nuts will be provided)

Stable

- Muck skip
- Yard brush
- Muck rake/fork
- Wheelbarrow

Camp fees and how to book

The fee for senior camp this year is £350 per camper and includes all coaching, stabling, hay and food.

To secure your place book your camper in on Entrymaster and pay your deposit. You can choose how to pay the remainder of your camp fees — either one final payment in June or there is an instalment option. See Entrymaster for more details.

Please remember that to be eligible to attend camp, your camper should have attended at least two rallies this year.

Camp Return Forms

These are vitally important and provide us with all the information we need about your camper and their pony to ensure everything runs smoothly.

These forms will be electronic and you will be emailed with the link. It is essential that you take time to complete these forms fully and share all information we need to take the best care of your camper and their pony for the week.



Code of conduct

We would like to draw your attention to the Pony Club code of conduct which we <u>expect all parents and campers</u> to abide by at all times.

The Pony Club is fully committed to safeguarding and promoting the wellbeing of all its members and the highest ideals of sportsmanship, citizenship and loyalty, to create strength of character and self-discipline. The Pony Club believes that it is important that members, parents / guardians, officials, volunteers and coaches should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are always encouraged to be open and to share any concerns or complaints they may have about any aspect of the club and its activities with the Branch Safeguarding Officer.

Members have the right to:

- Be safe and happy in their chosen activity
- Be listened to, respected and treated fairly
- Privacy
- Be protected from harm
- Participate on an equal basis, appropriate to their ability
- Experience competition and the desire to win without undue pressure
- Be believed and supported
- Ask for help
- Have their concerns taken seriously and acted on as may be appropriate

As a Member of The Pony Club, you are expected to abide by the following Code of Conduct:

- Keep yourself safe.
- Report any concerns about safeguarding poor practice / conduct you may have to the appropriate person at your Branch.
- Be friendly, supportive and show respect to coaches, officials and volunteers.
- Be friendly, supportive and show respect to other members.
- Take care of, and show respect to, your horses / ponies.
- Play fairly and be trustworthy.
- Behave in accordance with this code of conduct and listen to all instructions given by coaches, officials and volunteers.
- Abide by the rules of The Pony Club and its Sports, and accept the decisions made by coaches, officials and volunteers.
- Politely query a decision that you do not understand and listen to the explanation.
- Do not cheat, be rude, violent or aggressive.
- Refrain from using foul or abusive language.

- Refrain from bullying, becoming involved in discrimination of any kind, or inappropriate peer pressure, including pushing others into something they do not want to do. This includes face to face interactions or through the use of social media or technology.
- Ensure you comply with the current Health and Safety Alcohol and Drugs policy.
- Do not engage in sexual activity whilst in attendance at any Pony Club event.
- Do not criticise officials, coaches, volunteers, staff, members or parents / guardians on social networking platforms or using text messages / emails.
- If you are under 18, do not leave an organised event unless accompanied by your parent / guardian or by a Branch / Centre official.
- Do not post pictures or other images of a child under 18 on any social network platform without the permission of the child involved and their parent / guardian.
- Be aware that it is not acceptable to photograph or video an injured person under any circumstances.

Any minor misdemeanours and general misbehaviour will be addressed by the coach, official or volunteer and reported to the designated person as appropriate. More serious or persistent misbehaviour may result in disciplinary action in accordance with the procedures laid down in The Pony Club Rules.

