

**THE PONY CLUB
WINTER TRIATHLON FINALS
SUNDAY 24 MARCH 2024
GRANTHAM MERES LEISURE CENTRE, GRANTHAM**

Open Girls Triathlon

Trinity had the shoot in the morning which didn't quite go according to plan with a score of 780. Then she had a reasonable run (hasn't been able to train properly for the last 6 weeks or so due to shin splints), but it wasn't a bad effort and only a few seconds off her PB. Finally, it was the swim which was brilliant! Trinity managed to add 4 metres to her PB taking her up to 10 lengths 8 metres. Sadly, not quite enough to get the best swim.

Overall, Trinity came **FIFTH** in the Open Class which is fantastic, especially given that 3 of the 4 who beat her were proper Open ladies, rather than Intermediates (there is no Intermediate Class at the Winter Triathlon Champs).

Everyone is very proud of you Trinity! 🥳🎉👏

