



Area 14 of  
The Pony Club



invite you to

## LEWESTON INTER-BRANCH TRIATHLON COMPETITION

On

**Sunday 26th January 2025**

At

**Leweston School Sherborne, Dorset DT9 6EN**

*by kind permission of the headmaster, Mr John Paget-Tomlinson*

Class no.	Class description	Age	Price/ competitor
Class 1	Mixed Beanies <i>(Bean bag throw, 500m run, 2min swim)</i>	7 and under	£20
Class 2a	Tadpole Girls <i>(Shoot: 7m, 2 handed, static target, 1000m run, 2 min swim)</i>	9 and under	£22
Class 2b	Tadpole Boys <i>(Shoot: 7m, 2 handed, static target, 1000m run, 2 min swim)</i>	9 and under	£22
Class 3a	Mini Girls <i>(Shoot: 7m, 2 handed, turning targets, 1000m run, 2 min swim)</i>	11 and under	£22
Class 3b	Mini Boys <i>(Shoot: 7m, 2 handed, turning targets, 1000m run, 2 min swim)</i>	11 and under	£22
Class 4a	Junior Mixed Novice <i>(Shoot: 7m, 2 handed, turning targets, 1000m run, 2 min swim)</i> This is for <b>genuine</b> novices please!	14 and under	£22
Class 4b	Junior Girls <i>(Shoot: 7m 1 handed, turning targets, 1500m run, 3 min swim)</i>	14 and under	£22
Class 4c	Junior Boys <i>(Shoot: 7m 1 handed, turning targets, 1500m run, 3 min swim)</i>	14 and under	£22
Class 5a	Open/Intermediate Girls <i>(Shoot 10m, 1 handed, turning targets, 1500m run, 3 min swim)</i>	25 and under	£22
Class 5b	Intermediate Boys <i>(Shoot 10m, 1 handed, turning targets, 2000m run 3 mins swim)</i>	25 and under	£22
Class 5c	Open Boys <i>(Shoot 10m, 1 handed, turning targets, 3000m run, 4 mins swim)</i>	25 and under	£22

## ENTRIES

- All entries to be made on [Horse-Events](#)
- Closing date for entries: **Wednesday 15<sup>th</sup> January 2025** or before if classes are full
- Teams can be mixed gender in all classes. Individuals will be placed into mixed branch teams where possible. Class 4a Novices will be placed in Class 4 teams if possible.
- Start times will be available no later than Wednesday 22<sup>nd</sup> January
- Full refunds will be given up until the closing date only
- In the event of cancellation/ abandonment of the event, the entry fee less £5 will be refunded for each competitor
- The organisers reserve the right to amalgamate classes depending on entries

Event Organisers: Jane Uloth: mobile: 07970 945670 email: [tetcoordinator.area14@pcuk.org](mailto:tetcoordinator.area14@pcuk.org)

Entries Secretary: Lin Townsend: mobile 07790 549705 email: [lintownsend@hotmail.co.uk](mailto:lintownsend@hotmail.co.uk)

## RULES

- Competitors must be paid up members of The Pony Club
- Ages are as at 1st January 2025, save that if you have not reached your 8th birthday by 26th January 2025 you must compete as a Beanie.
- To be run according to Pony Club Tetrathlon Rules 2024
- If you would like to object to or have us check scores, this must be requested by Branch Managers only, in writing, to official organisers, within 15 minutes of the scores being published
- Deposit of £10 with each query which is refundable if the query is upheld

## SHOOT

- The Open/Intermediate Class 5 will start the shooting
- Protective glasses are **COMPULSORY** for shooting at 7m.
- Guns must remain boxed until the range steward gives the order to “unbox” at the start of the detail and must be “boxed” again before the competitor leaves the firing point
- At all other times guns must be stored in their boxes and locked in a secure place or remain in the possession of an adult
- Pistols must be flagged before any person moves forward of the firing point during a detail
- No person under the age of 18 may be responsible for or carry a gun
- All shooting competitors must have received adequate shooting training
- Competitors to wear long trousers and suitable footwear that does not cover the ankle
- First-time competitors are very welcome but no first-time shooters

## SWIM

- Buoyancy aids will be allowed in Class 1 only
- Only one parent/ guardian per child poolside please
- All competitors who wish to dive from the starting blocks need to have attained the Competitive Start award certificate
- If you have your Preliminary Competitive Start award certificate you may start from poolside
- If you do not have either you will have to start in the water. Please bring your certificates with you or email to [lintownsend@hotmail.co.uk](mailto:lintownsend@hotmail.co.uk)
- Parents of competitors must disclose allergies in relation to the swimming pool to the organiser, prior to the competition

## RUN

- All runs will be a mass/ group start of no more than 10
- No pacing allowed
- Inhalers cannot be carried and used whilst running

## RESULTS, ROSETTES, PRIZEGIVING

- Result will be available on [ponyclubresults](#)
- Rosettes to the first 6 individuals in each class
- Rosettes to first 3 individuals in each phase of each class
- Team rosettes will be awarded to first 6 teams in classes 1- 4

## EVENT ETHOS

We would like to assume that every competitor entering has done so with the prospect of enjoyment and aim of improving personal and team goals. We warmly welcome those new to triathlon and hope to encourage and enthuse further participation in this great event. For parents/carers supporting the event we also ask you to enjoy the day and help your children identify the many positive aspects of their participation. For many to stand up and compete in a triathlon is a big achievement in its own right!

## HEALTH AND SAFETY

The organisers of this event have taken all reasonable precautions to ensure the Health and Safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the organisers, officials and stewards.

CONCUSSION ADVICE: On the entry form, please will parents confirm that if their child has had a head injury/concussion within 21 days of the event, the child will not compete on the 26<sup>th</sup> January.

[Code of Conduct for Parents](#)

[Tetrathlon Rule Book 2024](#)

## LEGAL LIABILITY

Save for the death or personal injury caused by the negligence of the organisers, or anyone for whom they are in law responsible, neither the organisers of this event or The Pony Club nor any agent, employee, or representative of these bodies, nor the landlord or his tenant, accepts any liability for any accident, loss, damage, injury or illness to horses, owners, riders, spectators, land, cars, their contents and accessories, or any other person or property whatsoever. Entries are only accepted on this basis.

## DIRECTIONS

**Dogs are not permitted at Leweston School**

**No smoking or vapes at Leweston School in the buildings or the grounds.**

**Disabled access - please contact the organiser if disabled access is required.**

**Please do not wear or bring outside shoes into the pool area.**

**The Cedars café is open from 9am until 4 pm serving hot and cold drinks and bacon baps etc.**

Leweston School is signposted from the A352 approximately 3 miles south of Sherborne.

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