

## Notes for Competitors – RA Tetrathlon 2026

We are looking forward to seeing everyone at Dene Farm on Sunday 14<sup>th</sup> June.

**Please read the schedule, in addition to these notes.**

**Dene Farm driveway:** is a one track road with some passing places.

Incoming traffic has priority, although if a car meets a horse vehicle, please give way to the horse vehicle. Car parking stewards will be at the entrance to the field to direct you.

**When you arrive** please take your pony's passport to the secretary to have the flu vaccinations checked, and to collect your XC number. Numbers can be folded down for smaller bibs, the number provided must be used to be easily visible for the fence judges.

**Withdrawals:** please notify the secretary of withdrawals in any phase.

**Shooting:** please be at the shooting 15 mins before your time, with your loader and preferably no other supporters. Targets will be issued as you check in. Please be quiet in the waiting area, as voices echo loudly into the shooting range. Pistols must be touching the table at all times whilst loading.

**Swimming:** changing for girls is in the gazebo on the lawn.

Changing for boys is in the shepherd's hut by the pool. Warm up is at the beginning of the competitor's swim. Please dip your feet before entering the pool. Enter the pool by the shallow end using the 'safe entry method' or hold the side while entering or exiting via the steps. Everyone starts in the pool at the steps end. No diving or tumble turns. The pool is approx. 0.95m at the shallow end and approx. 1.60m at the deep end. One supporter may stand at the end of the pool (deep end) during the competitor's swim. Please keep clear of the pool cover, many thanks. Any competitor with swimming pool related allergies should not swim.

Swim score queries can only be entertained within 10 minutes of the competitor's swim, on a RA Tetrathlon query form and are to be supported by 2 previous PC scores/distances.

**Running:** numbers (to be fixed on the competitor's front) will be issued at the start. Please walk the course beforehand. No inhalers may be carried during the run. No one may run with the competitors.

**Bean Bag Throw:** will be in the tent on the lawn. The bean bag stewards will give the competitors any 'throwing tips' if needed during the warm up throws.

**Ride:** Please see notes in the schedule re course walking after 11am.

There will be a tack check at the collecting ring.

For quick and easy tack checking please be prepared. If you have any questions please get in contact beforehand.

The tack checker's list is:

- Correct number – the competitor's number and the one provided.
- Clean tack, well maintained and well fitting. Keepers in.
- Hat – jockey skull cap with no fixed peak for all riders. Pink hat tag easily visible, chin strap secure and won't come in front on the chin.
- Hair – tied up and back securely (preferably in a hairnet).
- Body protector – BETA 2018 blue & black label. Please have the label visible for the tack checker.
- Stirrups – correct size for the smooth soled boot ie 14mm+ clearance with the widest part of the foot on the tread. Tetrathlon Rule Book p24
- Stirrup leathers – good condition of leathers and stitching, and suitable width for the rider. Stirrup bars down.
- Reins – in good condition and not too long to get caught in the rider's foot.
- Girth – no humane girths. Girth snug ready for XC.
- Jewellery – no dangling jewellery and stock pin. Preferably no earrings.
- Whips – padded whip, 70 – 45 cm in length
- Spurs – if wearing spurs they must be correctly fitted. See PC Manual of Horsemanship. Rider to have a yellow spurs tag on their hat, easily visible.
- No hoods. Ear covers are allowed.
- General condition of turnout of pony and rider.

Please walk all the L fence routes. Riders should attempt the L fence after two refusals, where applicable. 3 refusals – see note in schedule.

If a rider falls from their pony they must be checked by the duty paramedic before remounting, if deemed appropriate with no exceptions. 2<sup>nd</sup> fall of rider may not remount.

Good luck and we hope you have a great day at the RA Tetrathlon.

Very many thanks to all our volunteers in all phases who are looking forward to seeing the PC members competing in this great event.