

Rally Dress Code 2024

South Hertfordshire & West Middlesex Pony Club

This will vary dependent upon the type of rally. The dress code for each of the individual sports is given in the individual rule books. However, there are some items of dress that have safety implications. Members are expected to dress correctly and safely for all Pony Club activities.

Electronic Devices

Electronic devices (i.e., headphones, mobile phones, etc. enabling another person to communicate with the rider) are not allowed whilst the rider is competing. No recording device is permitted (eg hat / bridle cameras, etc.)

Mounted Rally

- Members should wear Branch sweatshirt, jodhpurs, a suitable plain-coloured shirt with a collar, or a riding jacket and The Pony Club tie.
- Polo shirts in Branch colours are allowed to be worn at rallies and at camp.
- We strongly recommend against wearing hooded clothing when riding and taking part in activities on the yard.
- New clothing is not expected, but what is worn must be clean, neat, and tidy. Jeans should not be worn when mounted except when specifically allowed by certain sports. As a minimum, shoulders must be covered for all riding activities, except for Sports where long sleeves are compulsory.
- All hats, hat covers and accessories should be in plain black or dark blue.
- Gloves.
- Numnahs should be white, or dark coloured. Branch's dark blue saddle cloth is also permitted.

Stable Management (unmounted)

- A branch sweatshirt and/or polo shirt, or long-sleeved white shirt and pony club tie/stock.
- Appropriate trousers.
- Appropriate footwear, yard boots, mucker boots, wellies etc.

Cross Country Rally

- Branch sweatshirt or cross-country colours.
- Dark or light solid-coloured jodhpurs.
- A jockey skull cap with no fixed peak is compulsory.
- Body protector.
- Medical armband.
- No jewellery may be worn.

Hair

Must be tied back securely, in a safe manner to limit the risk to hair being caught and prevent scalp injuries. Sports may have additional rules.



Tack and Turnout

Please make sure that you and your pony are smartly turned out. Make sure that your pony's tack is clean, in good repair and correctly fitted. Make sure that you check all of the stitching. Tack is inspected at rallies not just to check that it is clean but also for safety purposes.

Spurs

Spurs can only be worn with the permission of the Branch District Commissioner or the Branch Chief Instructor.

Glasses and Contact Lens

Are permitted whilst riding, the materials these items are made of meet the necessary British Standards to reduce the risk of harm. To support security whilst riding members may wear a glasses safety strap if they wish to.

Footwear

Only standard riding or jodhpur boots with a fairly smooth, thin sole and a well-defined square cut heel may be worn. Plain black or brown half chaps may be worn with jodhpur boots of the same colour. Tassels and fringes are not allowed. No other footwear will be permitted, including wellington boots, "muckers" or trainers. Boots with interlocking treads are not permitted, nor are the boots or treads individually.

Jewellery

A wristwatch and stock pin are permitted. With the Exception of medical bracelets, necklaces and bracelets must be removed to stop risk of injury. Any body piercings should ideally be removed before going near your horse or pony. The larger and more pendulous piercings create a risk of damage to the body part through which they are secured.

If you must continue to wear piercings, for those that are visible, they should be only studded and should be covered with tape or plaster so that they are secure.

Medical Armbands

Medical Armbands are always recommended, including hacking on roads, and are compulsory for all Cross-Country riding, Pony Racing and for Endurance rides.

Hats and Body Protectors

These are to be in accordance with guidance and meet recommended Safety Standards as detailed in the Rulebooks. <u>https://pcuk.org/media/givibtuw/hat-rule-2024.pdf</u>.

For further information regarding pony club rules on dress and tack, please visit <u>https://pcuk.org/officials/health-and-safety/dress-and-tack/</u>