

Southcott rally – 31.05.26 (EX19 8LF)

	XC - Theo	SJ – David
Group A	9.30 – 11.00	12.00 – 13.00
Group B	11.00 - 12.30	13.00 – 14.00
Group C	12.30 – 14.00	11.00 – 12.00

Group A (first aid – Kath)

Georgie, Keira, Emily I, Maddie

Group B (first aid – Pete)

Tallulah, Yolanda, Martha T, Rosie

Group C (first aid – TBC)

Lucia, Clemmie and Pearl

- Long sleeves must be worn for XC
- Body protectors should be 2018 and above (blue label)
- No fixed peak for XC
- Hair should be tied back neatly
- Rally organiser – Jo Walkers 07776 141121