

First Aid Rule

The Pony Club defines two levels of first aider: Trained and Qualified. As a minimum requirement there must be a Trained First Aider at events.

	Type of Course	Length of Course	Requalification Period
Trained First Aider	Emergency First Aid at Work (EFAW)	The training and assessment should be at least six hours (not including breaks) over a minimum period of one day	3 years
	BHS First Aid	Gained at two-day course OR one-day refresher course	2 years
Qualified First Aider	First Aid at Work (FAW)	The training and assessment should be at least 18 hours (not including breaks) over a minimum period of three days	3 years

Along with the mandatory first aid course content required by the First Aid at Work Regulations 1981, The Pony Club also recommends that the training of all first aiders includes an element of paediatric basic life support and injury training.

All first aid training must be delivered by a credible/reputable organisation that is able to demonstrate that:

- Their trainers meet the required standards
- The course meets the HSE content requirements
- It is delivered over the minimum teaching time
- A quality assurance process is in place.

Credible organisations should be able to demonstrate this compliance when asked.

All first aiders must hold an up-to-date disclosure check (DBS, PVG or Access NI) as per Regulated Activity/Work.

Coaches are required to have the Emergency First Aid at Work qualification (EFAW) as a minimum to be entered on The Pony Club Coaches' records on Pelham.

Note: Practicing doctors, medical personnel and veterinary surgeons, if officially appointed by the organiser, are covered by The Pony Club's Products and Public Liability insurance. However, it will be treated as the policy of last resort if there is other insurance in place, such as professional insurance.